

**everyone matters everyone matters everyone matters**



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**CENTERSTONE**

*The Art and Science of Behavioral Healthcare*

**Directory of Services**  
October 2011

[www.centerstone.org](http://www.centerstone.org)

## **Mission**

Centerstone's mission is to prevent and cure mental illness and addiction.

## **Motto**

Everyone matters

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### General Information

(615) 463-6600

### Corporate Fax

(615) 463-6603

### 24-Hour Crisis Intervention Hotline

(800) 681-7444 – toll free

### Initial Appointments

(888) 291-4357 (HELP) – toll free

(615) 460-4357 (HELP)

### Physician Referrals

(615) 463-6689

### CISM/Crisis Management Strategies for Business and Industry

(866) 696-4CMS (4267) – toll free

[www.centerstone.org](http://www.centerstone.org)



**CENTERSTONE**

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# About Centerstone

For more than 55 years, Centerstone (a national not-for-profit organization) has responded to the behavioral healthcare needs of individuals and their families in Tennessee. We offer a broad range of services, providing innovative and individualized solutions that help people recover from mental health and substance abuse disorders and reclaim their lives.

Centerstone is accredited by CARF International and is the largest behavioral healthcare provider in Tennessee. Each year, we meet the needs of nearly 50,000 children, adolescents, adults, seniors, and families from more than 50 facilities and over 160 community partnership locations (schools and other agencies) throughout the Middle Tennessee region.

Centerstone follows the philosophies of **Recovery and Resiliency** in every aspect of our treatment planning. We work with clients and their families at all stages of life, providing outpatient therapy and counseling to addiction treatment, prevention services, intensive in-home treatment, family therapy, case management and much more.

Centerstone is committed to providing professional, compassionate services that improve the quality of life for those who choose us for care. In Tennessee, we employ a staff of over **900 professionals**, including psychiatrists, nurses, psychologists, master's-level clinicians, social workers, community support specialists, therapists, finance specialists, information systems technicians, administrative and support staff.

A recognized leader in the behavioral health field, we are engaged in more **research studies** than any other community behavioral healthcare organization in the country. Our research allows us to incorporate the best proven practices into our treatment plans and advance the knowledge of service delivery for consumers around the world.

In addition to our traditional outpatient counseling, school-based counseling and other specialized treatment services, we also offer **peer support services** that teach skills toward independence in our ReConnect Centers across the state.

Centerstone's services for business and industry are specifically designed to support employees and management in attaining maximum personal and organizational performance potential. Centerstone offers customized **Employee Assistance Programs (EAPs)**, an employer-sponsored benefit that provides confidential assessment, short-term counseling, referral and follow-up services for employees and their immediate family members.

Mental health issues also arise as a result of unexpected events in the workplace. Natural disasters, robberies and other traumatic events can wreak havoc on the emotional stability of employees, and affect attendance, morale and productivity. **Our Crisis Management Strategies (CMS)** team help businesses develop and implement crisis management plans that reduce employee trauma and minimize consequences to the financial bottom line.

Throughout our history, Centerstone has witnessed countless individuals **reclaiming lives** once fragmented by depression, bipolar disorder and schizophrenia; young people reclaiming their childhood from the pain of abuse or neglect; families reclaiming stability and security after disaster; adults reclaiming victory over addiction; and older adults reclaiming joy and independence.

At Centerstone, our treatment is always carried out with our motto in mind, "Everyone Matters."



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# General Services

## Outpatient Counseling Services

*Ages: All*

Professional staff members provide individual, family, couples and group counseling and therapy services including, but not limited to: depression, stress, anxiety, divorce, anger management, grief, etc.

Locations: All Centerstone outpatient clinics

## Psychiatric Services

*Ages: All*

Psychiatric services are provided for individuals requiring medical interventions. An individual may be referred for medical assessment to determine if the treatment efforts might be augmented by the provision of medical treatment.

Locations: All Centerstone outpatient clinic locations

## Substance Abuse Treatment

*Ages: 13 and older*

Substance Abuse Treatment is provided for individuals who have a chemical dependency problem who need counseling and support.

Locations: All Centerstone outpatient clinics

## Case Management Services

*Ages: All*

Case Management partners community support specialists with the individual, child, and family to assess needs, obtain services, treatments and support, and prevent and manage crisis. The goal of Case Management is recovery and self-management; keeping children and families together; teaching children, families and individuals the skills they need to be stronger and healthier; and serving as advocates for the child, family and individual's needs. Community Support Specialists link, refer, advocate and skill build for individuals in the communities where they live.

Location: Middle Tennessee Region

## Customer Care and Crisis Call Center

*Ages: All*

The Customer Care and Crisis Call Center assists individuals in locating and obtaining needed behavioral health services, by selecting resources most appropriate for their needs. All initial appointments are set through the Customer Care staff. Additionally, the team serves as a resource for the public through provision of information regarding behavioral health services.

Locations: Middle Tennessee Region

## Mobile Crisis (24 / 7 / 365)

*Ages: 18 and older*

Mobile Crisis assists individuals and families experiencing psychiatric crises, and enables them to successfully resolve the crisis in a safe and comfortable manner.

Locations: Bedford, Cheatham, Coffee, Dickson, Franklin, Giles, Hickman, Houston, Humphreys, Lawrence, Lewis, Lincoln, Marshall, Maury, Montgomery, Moore, Perry, Robertson, Stewart and Wayne Counties

## Mobile Therapy

*Ages: 5 and older*

Mobile Therapy assists patients who have difficulty getting to their initial intakes or follow-up appointments at one of our outpatient clinic locations. Mobile Therapy provides a solution so families do not go without necessary mental health services, by bringing the service directly to the patient. Mobile Therapists meet clients in their homes or other locations for their appointments so that a transportation issue, time conflict, distance from a clinic or other barrier will not keep them from getting the help they need. Staff members travel to the child and their family to complete the intake and refer them to appropriate care, whether that be Outpatient Counseling, Psychiatric Evaluation, Intensive In-Home Treatment Services, School-Based Services, Case Management, CTT or, in some instances, continued Mobile Therapy.

Locations: Bedford, Cheatham, Coffee, Davidson, Giles, Hickman, Humphries, Lawrence, Lewis, Marshall, Maury, Sumner, Rutherford, Perry, Wayne and Williamson Counties



**Walk-In Crisis**

*Ages: 18 and older*

Centerstone outpatient clinics and partnership locations provide walk-in crisis services during normal business hours to assist individuals and families experiencing a mental health crisis. Gateway Regional Medical Center can accommodate patients Thursday–Monday 3:00 p.m.–11:00 p.m.

Locations: All Centerstone outpatient clinics, Centennial Pediatrics and Columbia Pediatrics

## Programs and Specialized Services

### Alcohol and Drug Treatment

**Adolescent Alcohol & Drug Program**

*Ages: 13-18*

This program is open to adolescents, regardless of county of residence, who have a chemical dependency problem and require more frequent and intensive therapy, or those with a chemical dependency problem coupled with emotional/behavioral problems. Centerstone staff members provide comprehensive alcohol and drug assessments. This is a free program provided for by a Tenn. Dept. of Mental Health \$1 million grant.

Location: Coffee County

**Co-Occurring Disorders Treatment**

*Ages: 18 and older*

Co-Occurring Disorders Treatment is for individuals who have both a substance use disorder and a mental illness. This program provides therapy, intensive outpatient counseling, case management and psychiatric services for both disorders, rapid HIV testing for individuals and their partners, limited assistance with transportation to treatment and referral to primary care when needed. Individuals with co-occurring disorders have a better chance of recovery from both disorders when they receive services that combine mental health and substance abuse treatment. This is a free service provided for by a \$2.3 million federal grant.

Locations: Cheatham, Dickson, Davidson, Montgomery, Robertson, Rutherford, Sumner, Williamson and Wilson Counties

**Intensive Outpatient Program (IOP)**

*Ages: 18 and older*

Intensive Outpatient Program is intensive therapy in a group setting for adults experiencing acute psychiatric symptoms. The goal is to stabilize acute symptom, allowing the individual to remain in the community. Services are provided two hours a day, three days a week.

Locations: Coffee, Davidson and Montgomery Counties

**Intervention Services for Addiction Disorders**

*Ages: All*

Working with family, friends or employers, an Interventionist uses a team approach to confront an individual with pertinent facts regarding the impact of their addiction. Through an intervention, the individual is encouraged to seek treatment. If they agree to treatment, the Interventionist provides the individual with professional and confidential advice for addressing addiction-related issues, assistance with entering the most appropriate treatment program, as well as transportation to treatment and case coordination during and following completion of treatment.

Location: Middle Tennessee Region

**TEAM Recovery (Treatment Empowerment And Meaningful Recovery)**

*Ages: 18 and older*

A grant funded program through SAMHSA's Centers for Substance Abuse Treatment (CSAT) and Mental Health Services (CMHS), Team Recovery provides treatment for adults with mental illness and addiction who are involved in the criminal court system. The program coordinates collaborations with the 12<sup>th</sup> Judicial District Circuit and Drug Courts and community providers to provide treatment for mental illness, substance abuse and co-occurring disorders.

Location: Franklin, Grundy, Marion and Sequatchie Counties



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# Child and Family Services

## Building Strong Families

*Ages: 18 and younger*

Building Strong Families is a program for children, birth to age 17, who are at imminent risk (within 24 hours) of being placed outside the home because of their parent's or caretaker's drug use. This program provides intensive family preservation services using the HOMEBUILDERS, evidence-based model. The program provides crisis intervention, intensive in-home therapy for all members of the family, parenting and life skills training and referral to other needed services, like substance abuse treatment. It is designed to keep children and families together. This is a free program provided for by a \$2.5 million grant.

Locations: Bedford, Cannon, Coffee, Franklin, Grundy, Lincoln, Moore, and Warren Counties

## Child and Youth Residential Treatment Services

(In-Home Counseling and Case Management)

*Ages: 11-18*

Child and Youth Residential Treatment Services are for adolescents in state custody due to severe behavioral problems. The goal of the program is to keep the family unified and return the child to their home and community as soon as possible (if placed in a residential program). In-home counseling and case management services are provided to help youth and family with transitioning.

Locations: Davidson County; Hamilton County; Mid Cumberland Region (Cheatham, Dickson, Houston, Humphreys, Montgomery, Robertson, Rutherford, Stewart, Sumner, Trousdale, Wilson, Williamson Counties); South Central Region (Bedford, Coffee, Giles, Hickman, Lewis, Lincoln, Marshall, Maury, Moore, Perry, Wayne Counties); Southwest Region (Chester, Decatur, Fayette, Hardeman, Haywood, Hardin, Henderson, Lauderdale, Madison, McNairy, Tipton Counties); Southeast Region (Bledsoe, Bradley, Franklin, Grundy, Marion, McMinn, Meigs, Polk, Rhea, Sequatchie Counties)

## Adoption Program

The adoption program expedites adoptions for youth in Family Centered Services whose goal is to be adopted. This program matches prospective families within Family Centered Services with those youth who are ready to be adopted.

## Therapeutic Foster Care

Therapeutic foster parents are trained to provide structure, guidance and nurturance for troubled children. Community support specialists are available to support children and foster parents 24/7. In-home therapists are also available as well as foster parent liaisons and team coordinators.

## Youth Group Homes

*Ages: 11-18*

These are highly structured programs addressing problems or behaviors keeping youth from being successful in the community. Residency lasts two to three months. While living in the home, youth attend public schools, participate in community recreation and learn independent living skills such as food preparation, banking, laundry and shopping.

### Hart Lane

*Ages: 11-17*

Hart lane is a 7-bed group home for boys ages 11-17.

Location: Davidson County

### The Lodge

*Ages: 11-18*

The Lodge is a 6-bed residential facility (Level II) for girls ages 11 to 18. The average stay is 1 to 3 months.

Services focus on rapid stabilization and quick transition back to home and community. Individuals are also linked to mental health treatment and other supports to help prevent the occurrence of a future crisis.

Location: Montgomery County



### **Intensive In-Home Treatment**

*Ages: 3-17 years old and their families*

Intensive In-Home Treatment provides high-intensity (10 sessions/month), time-limited (typically 90 days or more) therapeutic services for children and adolescents at imminent risk of out-of-home placement (acute psychiatric hospitalization, residential treatment, DCS custody) due to serious emotional illness which cannot be successfully treated in less intensive settings. Services are provided in the home and community and focus on short-term stabilization, with the ultimate goal being long-term stability for the member and family. In-home specialists are available 24/7 to respond to crises. In addition to the individual and family counseling component of the program, other services that may be provided include parenting training, behavior management, communication and relationship-building, self-management of moods and behavior and school interventions.

Location: Middle Tennessee Region, South East Region

### **Kalico Kids**

*Ages: 6 and younger*

A therapeutic case management program for preschool aged children who are survivors of physical, emotional and sexual abuse, and/or have aggressive and anti-social behaviors. The goal is to minimize anti-social behavior by helping children and their parents locate existing resources as well as teaching skills to parents, teachers and day care center workers.

Locations: Offered to residents of Bedford, Coffee, Franklin, Lincoln and Moore Counties

## **Infant and Early Childhood Services**

### **Early Connections Network**

*Ages: Birth to 3rd grade and their families*

Early Connections Network provides a coordinated system of care (CSC) for young children living with social, emotional, and behavioral needs. The CSC approach to serving young children and their families promotes the early identification and treatment of social, emotional, and behavioral issues of young children through service infrastructure that is specially equipped to respond early and effectively to their needs. The focus of Early Connections Network early childhood system of care is to foster collaboration between caregivers, state and local agencies, childcare centers, primary care providers, and schools to provide appropriate services and supports for young children and their families. Early Connections Network improves outcomes for young children who have significant behavioral or relational symptoms related to trauma, parent and child interaction difficulties, or impaired social emotional development. The program is provided through a partnership between the Tenn. Dept. of Mental Health, Centerstone and Tennessee Voices for Children. Services offered through this program are free through a federally-funded six-year, \$9 million grant. Services began in October 2011.

Locations: Cheatham, Dickson, Montgomery, Robertson, Sumner

### **Centerstone Healthy Families**

*Ages: Prenatal through age 5*

The Infant and Early Childhood Home Visiting program serves infants, young children and families dealing with abuse, neglect, the child welfare system, children with social and emotional developmental delays, high clinical risk and relationship disorders. Caregivers in the program barriers to the development of healthy parent-child attachment and well-child health and development due to their own mental illness, substance abuse, effects of trauma or other life circumstance. The program helps build critical factors like healthy parent-child interaction, increased knowledge of child development, preventative healthcare and much more. Services offered through this program are free through a grant from the Tennessee Department of Health that runs through September 2012.

Location: Maury County

### **Regional Intervention Program (RIP)**

*Ages: 6 and younger and their parents*

RIP is a nationally recognized, parent-implemented program designed to help parents deal with the behavior and development of preschool children. Experienced parents, who completed the program, along with professional staff, successfully provide training and support for newly enrolled families. Services provided to families through RIP are free due to a Tenn. Dept. of Mental Health grant.

Locations: Maury and Montgomery Counties

### **Responsible Parenting Project**



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*Ages: 12-21*

The Responsible Parenting Project provides education and support for teenage parents of children age birth to four years with a supportive environment, classes during school hours, in-home visits and a 24-hour "Warm line." This is a free service provided for by a Tenn. Dept. of Mental Health grant.

Locations: Marshall and Maury Counties

## School-Based Services

### School-Based Counseling

*Ages: 17 and younger*

On-site counselors help students cope with problems. The program combines individual and group counseling with parent and teacher consultations. Priority is given to students in special education classes and severe or moderate behavioral intervention classes, or those at risk of entering those classes.

Locations: Select schools in Bedford, Cheatham, Coffee, Davidson, Hamilton, Humphreys, Marshall, Maury, Montgomery, Robertson, Stewart, Sumner and Wilson Counties

### School-Based Counseling – Moderate Intervention Services (MIS)

*Ages: Middle School Students in MIP*

Counseling services are provided for students assigned to Metro Davidson County Middle School MIS classrooms. Counselors work with students individually or in groups, and assist school staff with maintaining/developing classroom behavior management programs. This service is funded through Metro Davidson County Public Schools.

Locations: Metro Davidson County Middle Schools

### Coaching4Teens – Life Coaching for Teens

*Ages: High School Students*

Coaching4Teens offers personal coaching for high school students in the Nashville area. Coaching is a new concept sweeping the country. It started as a way to help business executives successfully manage their personal lives while balancing the demands of leading large organizations. Now coaching is available for teenagers who want to achieve success and balance, gain confidence, prioritize goals, sharpen decision-making skills and improve relationships. This program is free of charge due to a donor grant.

Locations: Davidson and Williamson Counties

### Mental Health Liaisons

*Ages: High School Students*

Mental Health Liaisons provides individual and group counseling services to high school students attending Metro Nashville Public Schools. Training for school personnel is also available. This program is funded by the Tenn. Dept. of Education and the Tenn. Dept. of Mental Health.

Locations: Metro Davidson County High Schools

### Therapeutic Preschool Program

*Ages: 30 months – 5 years*

For over 20 years, Centerstone's innovative Therapeutic Preschool program has provided comprehensive evaluation and intensive treatment for children, ages 30 months to five years old. This program is appropriate for children who have been victims of or are at high-risk of: neglect; emotional, physical or sexual abuse; have witnessed traumatic events; and/or display atypical emotions and behaviors. This program helps break the cycle of abuse, overcome developmental delays, restructure the family and physical environments and improve parenting skills.

Locations: Participating Metro Nashville Preschools

### Weems Academy

*Ages: 6-22*

Weems Academy is for youth who have emotional and behavioral problems that prevent them from functioning in a regular school setting. Public school coordinators refer students to Weems Academy where they receive counseling and therapy while maintaining their academic studies. The goal is to return the youth to their community school.

Location: Montgomery County



## School and Community-Based Prevention Programs

### **Be Aware (Substance Abuse/HIV Prevention)**

*Ages: 18-24*

This prevention program provides evidence-based services designed to reduce the onset of Substance Abuse (SA) and transmission of HIV/AIDS with young adults ages 18-24. *Be Aware* is a 5 year, \$1.5 million grant funded by the Substance Abuse Mental Health Services Administration/ Center for Substance Abuse Prevention (SAMHSA/CSAP).

Locations: Serving Cheatham, Dickson, Houston, Montgomery, Robertson and Stewart Counties

### **Be in Charge (Teen Pregnancy Prevention)**

*Ages: 12-19*

This is an evidence-based teen pregnancy prevention program targeting youth in grades 7-12 in 26 Middle Tennessee counties. School-based classroom sessions supported by comprehensive community outreach activities are designed to reduce teen pregnancy and associated high-risk behaviors. Specialist facilitate the evidenced-based ***Making a Difference!*** curricula. *Be in Charge* is a 5 year grant funded by the US Department of health and Human Services, Office of Adolescent health [HHS-OAH].

Locations: Middle Tennessee

### **Be Sharp**

*Ages: 10-18*

This is a comprehensive substance abuse prevention program targeting youth (ages 10-18) who are at high risk for substance use/abuse. *Be Sharp* uses ***Keepin' It REAL***, an evidence-based curricula, along with service learning activities. All 12 group sessions are provided in community-based settings to enhance individual knowledge, and skills necessary to develop healthy communication/negotiation skills, anti-drug attitudes, and avoidance of high-risk behaviors. This program is funded by the Tennessee Department of Mental Health-Division of Alcohol and Drug Abuse Services.

Locations: Serving select schools in Cheatham, Dickson, Giles, Humphreys, Maury, Montgomery, Robertson, Sumner, and Trousdale Counties

### **Project BASIC (Better Attitudes and Skills In Children)**

*Ages: Kindergarten through Third Grade Students*

This social skills enhancement program provides educational activities for children, grades K-3, to help students build self-esteem and learn good decision-making skills. The foundation laid will help students to make good choices now and throughout the years to come. Twice a month, Prevention Specialists enter the classroom and lead student activities. Group and individual sessions are also provided as needed. This is a free program provided for by a Tenn. Dept. of Mental Health grant.

Locations: Serving select schools in Giles, Lewis, Maury, Perry and Wayne Counties

### **Get REAL (Get REAL, Get Tested!)**

*Ages: 12-17*

This prevention program provides evidence-based services designed to reduce the onset of Substance Abuse (SA) and transmission of HIV/AIDS with youth ages 12-17. *Get REAL* is a 5 year grant funded by the Substance Abuse Mental Health Services Administration/ Center for Substance Abuse Prevention (SAMHSA/CSAP).

Locations: Serving select schools in Cannon, Cheatham, Davidson, Dickson, Hickman, Macon, Robertson, Rutherford, Smith, Sumner, Trousdale, Williamson, and Wilson Counties

### **Violence and Bullying Prevention Program**

*Ages: Third, Fourth and Fifth Grade Students*

A research-based model curriculum for the promotion of healthy beliefs and clear standards of behavior regarding social interaction is provided through the Violence and Bullying Prevention Program. Empathy, impulse control and anger management are the foundation for healthy social interaction and are fundamental to an effective social skills enhancement program. Prevention Specialists facilitate the evidenced-based ***Second Step*** curriculum to grades 3 - 5 in weekly classroom meetings. This program is funded by the Tennessee Department of Mental Health.

Locations: Serving select schools in Bedford, Coffee, Dickson, Franklin, Montgomery and Stewart Counties



## Court Services

### **Criminal Justice Liaison**

*Ages: 18 and older*

Criminal Justice Liaisons provide a continuity of care for individuals who have been incarcerated or are at risk of incarceration in designated counties. Goals include providing early identification of individuals with mental illness within the county jails; diversionary options and/or resources; consultation with law enforcement, county personnel and court officials; training and education; and discharge planning. This is a free service provided for by a Tenn. Dept. of Mental Health grant.

Location: Serving Dickson, Maury and Montgomery County Sheriff Departments

### **Forensic Evaluation Services**

*Ages: All*

Through Forensic Evaluation services, Centerstone performs competency and mental condition evaluations at the request of courts.

Location: Middle Tennessee Region

## Immigrant & Refugee Services

### **Specialized Treatment Services for Immigrants & Refugees**

*Ages: All*

This program was created in response to the need for culturally appropriate mental health services. The program provides mental health outreach, education, and treatment benefiting culturally diverse individuals throughout Davidson County.

These individuals hail from a variety of homelands and suffer post traumatic stress disorder, major depression, and other illnesses common among persons surviving unimaginable trauma — wars, violent deaths of friends and family members, detention camps, displacement.

Location: Davidson County

## Adult Residential Services

### **Adult Independent**

*Ages: 18 and older*

DABBS, KINGVIEW, PEMBROOK, MARSHALL PLACE AND VIVIAN HOUSE

In Adult Independent facilities, adults are responsible for their activities of daily living with regular support through case management. No on-site staff.

Location: Davidson, Marshall and Montgomery Counties

### **Adult Long-term**

*Ages: 18 and older*

RIDGEVIEW RESIDENTIAL

Long-term residential facilities offer daily training in self-sufficiency skills, symptom management, medication management and supervised recreational and socialization activities.

Location: Houston County

### **Adult Supported Housing**

*Ages: 18 and older*

COMMUNITY LIVING CENTER, HARBOR HOUSE, JACKSON HALL, OAK HILL, AND 12 SUBCONTRACTED HOMES

Adult supported housing services assist individuals in transition from psychiatric hospitalization or unstable living situation to stable and more independent living situations.

Locations: Coffee, Davidson, Dickson, Maury, Montgomery, Sumner and Wilson Counties



### **Enhanced Supported Housing**

*Ages: 18 and older*

CARVER CARE HOME, EAGLES NEST – EVE

Adult Enhanced Supported Housing offers a structured, recovery-oriented residential environment with enhanced staffing and educational activities for individuals who had previously demonstrated difficulties being maintained in routine Supported Housing and/or the community.

Location: Davidson and Wilson Counties

### **Housing Specialists**

*Ages: 18 and older*

Housing specialists administer funding for independent living assistance and focus on determining housing needs of homeless or displaced individuals. Specialists also link individuals with suitable housing based on their needs.

Location: Middle Tennessee Region

## **Respite Services**

### **Planned Respite Care**

*Ages: 2-17*

Planned Respite Care serves families with children diagnosed with developmental delay and serious emotional disturbance. Planned Respite Care helps families care for children in their home and locate and train appropriate respite caregivers.

Locations: Davidson County Residents

### **Respite Care for Youth**

*Ages: 12-18*

Respite Care for Youth provides short-term crisis intervention and stabilization for youth in state custody or in non-custodial situations. Family therapy is included.

Location: Middle Tennessee Region

### **Respite Care for Adults**

*Ages: 18 and older*

Respite Care for Adults offers supervised residential care (up to three days) for adults in crisis who need time away from their home environment, but do not require hospitalization.

Location: Middle Tennessee Region

## **Specialized Services**

### **Centerstone's Career Resource Center**

*Ages: 18 and older*

Centerstone's Career Resource Center offers healthcare education opportunities, job training, employment placement assistance and support services to 600 individuals in Middle Tennessee. This program prepares participants to enter and/or advance careers in the healthcare industry, including allied health, long-term care and nursing. Supportive services are available and include childcare and transportation. This is a free program provided for through a three-year, \$5 million U.S. Department of Labor grant.

Locations: Residents of Bedford, Coffee, Marshall, Maury and Lawrence Counties

### **Continuous Treatment Team for Adults**

*Ages: 18 and older*

The Continuous Treatment Team for Adults is a coordinated, multidisciplinary community-based team comprised of a MD, nurse and community support specialist providing intensive treatment, rehabilitation and support services to severely mentally ill adults.

Locations: Middle Tennessee Region



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### **Life Coaching Services**

*Ages: 13 and older*

Life coaching is a thought-provoking and creative process that helps people find their strengths and potential. Coaching helps people discover their strengths and talents, make informed decisions about how to manage stress, learn ways to stay healthy and balanced, learn more about relationships, fine tune academic, professional or organizational skills and ultimately work toward goals that the client chooses. Life coaching became popular in the later part of the 20th century as a way for professionals to fine tune their strengths and manage their personal lives. It continues to grow in popularity, recently among young adults.

Location: Davidson County

### **Not Alone**

*Ages: All*

Not Alone, a company of Centerstone, is dedicated to empowering warriors and families by providing free, confidential support, programs and resources that help them face the challenges of life after war. Such services provided include online support groups and in-person mental health services to soldiers returning from Afghanistan and Iraq. Through NotAlone.com, those in need have access to a 24-hour help line, free therapy services, online seminars, and friendship with those who are facing similar challenges. This program is free of charge due to private donations.

Locations: Online services available everywhere. In-person services are provided through a network over nearly 300 mental health professionals in 18 states throughout the U.S.

### **Psychosocial Lifeskills Development and Employment Services**

*Ages: 18 and older*

**Psychosocial Lifeskills Development** services are person-centered recovery-based classes for adults. Class curriculum focuses on individual strengths, allowing each member to actively participate in recovery. Centerstone staff work closely with participants, helping them set educational, vocational and interpersonal goals.

Locations: Coffee, Davidson, Maury and Montgomery Counties

**Centerstone's Employment Services** offer job counseling, job development and on-the-job support services for individuals entering the workforce. The program operates on the belief that active employment is important for recovery. Employment Services include: assessment, career planning, job readiness training, and placement, all in an effort to help individuals achieve career goals.

Locations: Davidson, Maury and Montgomery Counties

### **Partial Hospitalization Program**

*Ages: 18 and older*

The Partial Hospitalization Program is a structured intensive therapeutic program for adults experiencing acute psychiatric symptoms. The program may serve as a transition program following inpatient treatment, or as an alternative to inpatient care, while providing the same intensity of care found in inpatient programs.

Location: Davidson County

### **Psychosexual Evaluation**

*Ages: 18 and older*

Centerstone conducts sex offender specific assessments for adults who committed sexual offenses against children. Services are provided to individuals referred through the criminal justice system.

Location: Evaluations are performed in Davidson County

### **ReConnect Peer Support Centers**

*Ages: 18 and older*

ReConnect Peer Support Centers provide a safe and supportive environment where individuals gain confidence, build social skills, develop new friendships and engage in learning activities with peers. As a peer-operated program, members are involved in all aspects of ReConnect. Activities include: educational classes promoting independence, support groups, meals and dining out, arts and crafts, field trips, sporting events, shopping excursions, music, parties and dancing.

ReConnect works in conjunction with Psychosocial Services and Employment Services. This is a free program provided for by a Tenn. Dept. of Mental Health grant.

Locations: Bedford, Coffee, Davidson, Dickson, Maury and Montgomery Counties



### **Sexual Abuse Treatment**

Ages: All

Sexual Abuse Treatment provides therapy for individuals who are victims of domestic violence or have been sexually or physically abused. Individualized treatment plans are developed. Interventions include individual, family and group therapy.

Locations: Middle Tennessee Region – select Centerstone outpatient clinic locations

### **Specialized Older Adult Services**

Ages: 50 and older

Centerstone's Specialized Older Adult Services provides specialized behavioral healthcare and recovery needs to adults over the age of 50. Services include: assessment, psychiatric evaluation, medication evaluation and management, individual, group, and family counseling, substance abuse treatment, and case management services.

Location: Davidson County

### **Supportive Services for Veterans Families (SSVF)**

Ages: 18 and older (and family members of all ages)

The SSVF program prevents homelessness in Middle Tennessee by helping qualifying Veterans and their families gain access to the resources they need in order to successfully transition to or maintain permanent housing. The program can provide referrals to housing services, health care services, transportation services and much more to very-low income households where the head of the household or spouse is a Veteran and the family is at risk for homelessness or is currently homeless. Temporary financial assistance for expenses like rent and utility fees may also be available. The program is provided free of charge by a one year, \$1 million recurring grant from the U.S. Department of Veterans Affairs (VA).

Locations: Cannon, Cheatham, Davidson, Dickson, Hickman, Macon, Montgomery, Robertson, Rutherford, Smith, Sumner, Trousdale, Williamson and Wilson Counties

### **VOCA (Victims of Crime Act)**

Ages: All

VOCA provides therapeutic services to crime victims and involves psychotherapy (individual and group), support services, assistance with maneuvering through the judicial system, advocacy and linkage. This is a free service provided for by a federal grant.

Locations: Cheatham, Davidson, Dickson, Houston, Humphreys, Montgomery, Robertson and Stewart Counties

## **Business and Industry Services**

### **Crisis Management Strategies**

In addition to our services and programs for individuals and families, Centerstone also helps businesses develop and implement crisis response strategies and techniques through Critical Incident Stress Management (CISM) services. Whether the need arises as the result of an on-the-job accident, natural disaster or external threat, Centerstone's Crisis Management Strategies (CMS) program makes good sense — it's good for your business and good for your employees. Our Crisis Management Strategies staff believes *minimizing the consequences maximizes the recovery*.

#### **What is a Critical Incident?**

A critical incident is an event which has the potential to overwhelm one's usual coping mechanisms, resulting in psychological distress and an impairment of normal adaptive functioning.

*Accident ♦ Assault ♦ Explosion ♦ External Threat ♦ Fire ♦ Aviation Incidents/Accidents  
Hostage Situation ♦ Injury ♦ Robbery ♦ Stalking of Employees  
Sudden Death ♦ Sudden Illness ♦ Threats of Violence ♦ Natural Disaster*

#### **Services Tailored to Meet Your Business Needs**

*New-Hire Training ♦ Specialty Training Classes ♦ Environmental Assessment and Training  
On-Going Stress Inoculation ♦ Employee and Workplace Readiness Evaluations*



**CENTERSTONE**

**Our Services**

Our experience, as well as research, has shown that employees who receive CISM services recover more quickly from traumatic events. In order to help your company to maintain its stability following a critical incident, Crisis Management Services will provide you with a customized and comprehensive portfolio of services designed to reduce the risk of trauma to your employees, and improve your company's response to crisis management. Our services are customized to meet the needs of Executives, Management, Employees and Customers.

Our CMS Team has more than thirty-five years of experience in responding to and developing procedures before, during and after the effects of traumatic events. Our program combines classroom education with hands-on training to better prepare your company in the event of a crisis. We will also stand behind you with an on call 24-hour/7-day a week service to deal with your company's needs in a confidential, caring and effective manner.

**Employee Assistance Program**

Solutions EAP specializes in providing Employee Assistance Programs and related training and educational services to area businesses. Counseling services provide professional and confidential help to individuals and their families. Addressing personal and everyday problems is another area of expertise.

**Services Tailored To Meet Your Business Needs**

Our Employee Assistance Program helps reduce interruptions in an employee's life enabling them to return to their highest level of functioning both at home and at work. Centerstone Associates behavioral health professionals have training and skills to identify and address employee and employer concerns. In addition to reducing healthcare costs, customers (employers) of our EAP services learn to deal more effectively with day-to-day employee related performance issues.

Our services are accessible, confidential and professionally delivered. We offer 24/7/365 services through a toll-free emergency hotline for convenience, comfort and reassurance any hour of the day.

It has been proven that helping employees resolve personal and work issues are far less costly than firing, rehiring and retraining. Whether your business is concerned with banking, manufacturing, health or transportation, Centerstone Associates can tailor an EAP to meet your needs.

**What is an Employee Assistance Program (EAP)?**

An Employee Assistance Program (EAP) is an employee benefit – a professional counseling service for employees and eligible dependents that experience personal or workplace problems. The EAP provides confidential short-term counseling, assessment and referral to employees and/or dependant(s) in need.

**Types of problems commonly addressed by an EAP:**

*Emotional ♦ Family ♦ Financial ♦ Legal ♦ Substance Abuse ♦ Conflict Resolution  
Anger Management ♦ Relationship Issues – Work/Professional*

**Why Employee Assistance Programs Work**

Well-designed Employee Assistance Programs are cost-effective, reducing absenteeism and attrition (employee wear and tear), while increasing productivity and providing easier management. Distracted or stressed employees will not perform at top work standards. And when one employee is affected, others can be affected too.

Centerstone Associates will work with you to customize and implement an EAP that will keep issues from affecting your employee's work performance. It's a smart business investment.

Our staff members are highly credentialed. All are licensed for independent practice and hold nationally recognized certifications. They are Licensed Clinical Social Workers, psychologists, psychiatrists and experienced EAP and Substance Abuse Professionals. They have varied experience in all aspects of diagnostic assessment and treatment, counseling, crisis intervention and are linked to community resources for additional referral needs. Staff members are also highly experienced in training, supervisory and management consultation, including work-group dynamics.



## Areas of Expertise

Centerstone Associates provides professional and confidential help to individuals and their families, addressing personal and everyday problems. Our counseling and educational services include:

*Individual Counseling ♦ Marriage and Family ♦ Child/Teen Issues ♦ Divorce Separation ♦ Substance Abuse  
Smoking Cessation ♦ Hypnotherapy ♦ Addictions ♦ Grief Counseling ♦ Anxiety and Depression  
Adjustment Disorders ♦ Child and Adolescent ADD/HAD ♦ Communication and Interpersonal Problems  
Parenting and Step-Parenting Education and Training Domestic Violence ♦ Abuse (Physical & Sexual)*

## Specialty Trainings

*Workplace Stress ♦ Substance Abuse ♦ Smoking Cessation ♦ Addictions ♦ Healthy Living/Lifestyle Change  
Drug-Free Workplace Program ♦ Workplace Violence ♦ Recognizing and Dealing with Difficult Employees  
Critical Incident Stress Management*

# Telepsychiatry and Telemedicine

## Our Services

Televideo conferencing provides remote interaction between medical provider staff and clients, facilitating improved access to a medical provider in rural regions within Centerstone's service area. The program also provides appropriate referral, consultation and support as needed, while ensuring access to appropriate levels of care

Locations: Services are available in Bedford, Coffee and Lewis Counties

# Integrated Care Projects

## Our Services

Centerstone Integrated Care Projects offer coordinated care between medical staff and Centerstone. When doctors or nurse practitioners identify a patient who may need behavioral healthcare, Centerstone staff members provide assessment, identifying any mental health needs the consumer may be experiencing and suggest a treatment plan that corresponds with the patient's healthcare.

## Partnership Locations

Centerstone partners with:

- ♦ Centennial Pediatrics in Davidson County and Montgomery County, servicing children ages 2-18. This service works with pediatric patients of the clinic to assist individuals and their families.
- ♦ Columbia Pediatric Clinic in Maury County provides services for children, ages 2-18. This service works with pediatric patients of the clinic to assist individuals and their families.



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## Service Locations

### Centerstone Corporate Mailing Address

1101 Sixth Avenue North ♦ Nashville, TN 37208-2650

### Centerstone Corporate Office

Executive ♦ Finance and Business ♦ Foundation ♦ Marketing & Public Relations ♦ Quality Management  
Measurement and Performance Improvement ♦ Advantage Behavioral Health

*Ella Hayes Center* ♦ 1101 Sixth Avenue North ♦ Nashville, TN 37208

Telephone: (615) 463-6600 ♦ Fax: (615) 463-6603 ♦ Executive Fax: (615) 463-6602

### Centerstone Research Institute

44 Vantage Way, Suite 280 ♦ Nashville, TN 37228

Telephone: (615) 463-6240 ♦ Fax: (615) 463-6242

### Centerstone Foundation

*Ella Hayes Center* ♦ 1101 Sixth Avenue North ♦ Nashville, TN 37208

Telephone: (615) 463-6648 ♦ Fax: (615) 463-6603 ♦ Executive Fax: (615) 463-6602

### Human Resources

*Frank Luton Center* ♦ 1921 Ransom Place ♦ Nashville, TN 37217

Telephone: (615) 463-6142 ♦ Fax: (615) 463-6605

### Technology

*Dede Wallace Campus* ♦ 2410 White Avenue ♦ Nashville, TN 37204

Telephone: (615) 463-6600 ♦ Fax: (615) 463-6503

### Health Information Management

Post Office Box 281107 ♦ Nashville, TN 37228

Telephone: (615) 279-8810 ♦ Fax: (615) 279-8802




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CENTERSTONE

COUNTY	ADDRESS	TELEPHONE AND FAX	OFFICE CONTACT	OFFICE HOURS
<b>Bedford</b>	<b>Outpatient Office</b> 604 South Wall Street Shelbyville, TN 37160	931 684-0522 931 684-6238 – Fax	Melody Cook <i>Office Manager</i>  Sherry Walker, LCSW <i>Clinic Manager</i>	Monday – Friday 8:00 a.m. – 5:00 p.m.
	<i>ReConnect</i> 1110 Woodbury Street Shelbyville, TN 37160	931 685-9330 931 685-9337 – Fax	Brenda Hargrove <i>ReConnect</i>	Monday – Friday 11:00 a.m. – 4:00 p.m.
<b>Cheatham</b>	<b>Outpatient Office</b> 162 County Services Drive Suite 100 Ashland City, TN 37015	615 463-6160 615 463-6162 – Fax	Kathy Rose <i>Office Manager</i>	Monday – Friday 8:00 a.m. – 5:00 p.m.
<b>Coffee</b>	<b>Outpatient Office</b> 1803 North Jackson Street Tullahoma, TN 37388	931 461-1300 931 461-1302 – Fax 931 461-1303 – Fax 931 461-1304 – Crisis Team Fax	Nicole Pituch <i>Office Manager</i>  Daniel Mansfield, LMFT <i>Clinic Manager</i>	Monday, Wednesday, Friday 8:00 a.m. – 5:00 p.m. Tuesday, Thursday 8:00 a.m. – 8:00 p.m.
	<i>Administrative Offices</i> 709 North Davidson Street Tullahoma, TN 37388	931 393-5900 931 393-5904 – Fax  <i>ReConnect</i> 931 393-3255 931 393-5204 – Fax	Nicole Pituch <i>Office Manager</i>  Sami Sturges <i>ReConnect</i>	<i>ReConnect</i> Monday – Friday 12:00 p.m. – 5:00 p.m.  <i>Psychosocial Lifeskills Development Class Times Vary – Call for Schedule</i>
	<i>ReConnect, Psychosocial Lifeskills Development and Employment Services</i>	<i>Psychosocial and Employment Services</i> 931 393-5940 931 393-5903 931 393-5202 – Fax	Tarah Harper <i>Psychosocial Lifeskills Development</i>	<i>Employment Services by appointment – Call for more information</i>
	<i>Centerstone's Career Resource Center</i> 1905 N. Jackson Street, Suite 930 Tullahoma, TN 37388	888 519-5190	Mary Moran <i>Director of Community- Based Services for Adults</i>	<i>By appointment – Call for more information</i>
	<i>Community Living Center</i> 207 West Blackwell Street Tullahoma, TN 37388	931 461-0290 931 461-0209 – Fax	Robin Qualls <i>Residential Coordinator</i>	<i>Adult Supported Housing</i>
<b>Davidson</b>	<b>Outpatient Office</b> <i>Ella Hayes Center</i> 1101 6 <sup>th</sup> Avenue North Nashville, TN 37208	615 460-4100 615 460-4104 – Fax	Debbie Zills <i>Office Manager</i>  Melvin Ferguson, SLPE <i>Clinic Manager</i>	Monday – Friday 8:00 a.m. – 5:00 p.m.
	<b>Outpatient Office</b> 620 South Gallatin Road Madison, TN 37115	615 460-4300 615 460-4302 – Fax	Lynn Singleton <i>Office Manager</i>  Lori Benton <i>Clinic Manager</i>	Monday – Thursday 8:00 a.m. – 6:00 p.m. Friday 8:00 a.m. – 5:00 p.m.



<b>Outpatient Office</b> 4525 Harding Pike Suites 235 and 236 Nashville, TN 37205	615 460-4080 615 620-4536 - Fax	Melvin Ferguson Clinic Manager	Monday, Tuesday and Friday 9:00 a.m. – 8:30 p.m.  Wednesday and Thursday 9:00 a.m -5:00 p.m.
<b>Outpatient Office</b> Frank Luton Center 1921 Ransom Place Nashville, TN 37217	615 279-6700 615 279-6703 – Fax	Tracey Karl Office Manager  Rebecca Marshall, MA Clinic Manager	Monday – Tuesday 8:00 a.m. – 8:00 p.m. Wednesday 8:00 a.m. – 6:00 p.m. Thursday – Friday 8:00 a.m. – 5:00 p.m.
<b>Child and Adolescent Office</b> 230 Venture Circle Nashville, TN 37228	615 460-4200 615 460-4202 – Fax	Jennifer Waggoner Office Manager  Connie Nelson, LCSW Clinic Manager	Monday 8:00 a.m. – 6:00 p.m. Tuesday – Wednesday 8:00 a.m. – 7:00 p.m. Thursday 7:00 a.m. – 5:00 p.m. Friday 8:00 a.m. – 5:00 p.m. 1 <sup>st</sup> and 2 <sup>nd</sup> Saturdays of each month by appt. only 9:00 a.m. – 1:00 p.m.
<i>Child and Youth Residential  Treatment Services</i> 230 Venture Circle Nashville, TN 37228	615 460-4260 615 460-4263 – Fax	Ronnie Russell Program Manager	Administrative Office
<i>ReConnect, Psychosocial Lifeskills  Development and  Employment Services</i> 1101 6 <sup>th</sup> Avenue North Nashville, TN 37208	<i>ReConnect</i> 615 460-4461  <i>Psychosocial Lifeskills  Development and  Employment Services</i> 615 460-4190	Michael Beadle ReConnect  Alisha McFarland Psychosocial Lifeskills Development  Clark Simmons Employment Services	<i>ReConnect</i> Monday – Friday 12:00 p.m. – 5:00 p.m.  <i>Psychosocial Lifeskills  Development Class Times  Vary – Call for Schedule</i>  <i>Employment Services by  appointment – Call for more  information</i>
<i>Centennial Pediatrics</i> 310 25 <sup>th</sup> Avenue North, Suite 201 Nashville, TN 37203  330 Wallace Road, Suite 109 Nashville, TN 37211	615 347-3958 615 832-5612 ext.1101		<i>Services available to clients of  the pediatric clinic only</i>  Monday – Friday 8:00 a.m. – 5:00 p.m.
<i>Trevecca Towers Clinic</i> 70 Hart Street Suite 102C Nashville, TN 37210	<i>Trevecca Towers Clinic</i> 615 460-4430		<i>Private Clinic  Services available to clients of  the clinic only</i>



	<i>Health Information Management</i> Post Office Box 281107 Nashville, TN 37228	615 279-8822 615 279-8802 – Fax	Sharon Troutt <i>Health Information Management Supervisor</i>	<i>Administrative Office No Client Services</i>
	<i>Dabbs House</i> 2601 Dabbs Avenue Old Hickory, TN 37138	615 847-5860	John Sanders <i>Program Manager</i>	<i>Adult Independent Housing</i>
	<i>Kingview House</i> 400 Kingview Court Nashville, TN 37218		John Sanders <i>Program Manager</i>	<i>Adult Independent Housing</i>
	<i>Harbor House</i> 654 West Iris Drive Nashville, TN 37204	615 269-5170 615 269-8015 – Fax	Rhonda Upchurch <i>Coordinator</i>	<i>Adult Supported Housing</i>
	<i>Youngs Haven</i> 946 Seymour Ave. Nashville, TN 37206			<i>Adult Residential</i>
	<i>Salim I</i> 1309 Chicamauga Nashville, TN 37206			<i>Adult Residential</i>
	<i>Salim II</i> 2714 Deerfield Dr. Nashville, TN 37208			<i>Adult Residential</i>
	<i>JC&amp;M</i> 2848 Hydes Ferry Rd. Nashville, TN 37218			<i>Adult Residential</i>
	<i>Eagles Nest - Eve</i> 109 Eve Circle Nashville, TN			<i>Adult Residential</i>
	<i>Eagles Nest II</i> 1131 Delmas Ave. Nashville, TN			<i>Adult Residential</i>
	<i>Children &amp; Youth Residential Group Home for Boys</i> 717 Hart Lane Nashville, TN 37216	615 227-7688	Ronnie Russell <i>Program Manager</i>	<i>Youth Group Home</i>
<b>Dickson</b>	<b>Outpatient Office</b> 721 Highway 46 South Dickson, TN 37055	615 446-3797 615 446-3760 – Fax	Pat Holt <i>Office Manager</i>  Beth Diveley, LCSW <i>Clinic Manager</i>	Monday, Tuesday and Friday 8:00 a.m. – 5:00 p.m. Wednesday – Thursday 7:30 a.m. – 5:30 p.m.
	Administrative Offices 805 North Charlotte Street Dickson, TN 37055-1008	615 441-6074 615 446-7250 – Fax		Monday – Friday 8:00 a.m. – 5:00 p.m.
	<i>ReConnect</i> 15 Valley West Drive Dickson, TN 37055	615 441-6178 615 441-5829 – Fax	Kathy Kalipetsis <i>ReConnect</i>	Monday – Friday 11:00 a.m. – 4:00 p.m.



<b>Franklin</b>	<b>Outpatient Office</b> 416 South Main Street Estill Springs, TN 37330	931 649-3408 931 649-3409 – Fax	Shannon Mallich <i>Office Manager</i>  Sandra Langley, LCSW <i>Clinic Manager</i>	Monday – Friday 8:00 a.m. – 6:00 p.m.
<b>Giles</b>	<b>Outpatient Office</b> 1002 Brindley Drive Pulaski, TN 38478	931 363-5438 931 363-3564 – Fax	Christina Pylant <i>Office Manager</i>  Melanie Campbell, LPC- MHSP <i>Clinic Manager</i>	Monday – Friday 8:00 a.m. – 5:00 p.m.
<b>Hamilton</b>	6110 Shallowford Road Suite B Chattanooga, TN 37421	888 291-4357 423 296-6384 – Fax	Lindsay Vinson <i>Program Manager</i> <i>Intensive In-Home</i> <i>Treatment</i>  Carol Cox <i>Program Manager</i> <i>Foster Care</i>	<i>Office for Intensive In-Home</i> <i>Treatment, Foster Care and</i> <i>Adoption Services.</i>
<b>Houston</b>	<i>Ridgeview Residential</i> 1330 North Main Street Tennessee Ridge, TN 37178  <i>Mailing Address:</i> P.O. Box 428 ♦ Erin, TN 37061	931 721-3312 931 721-3308 – Fax	Cindy Hinson <i>Residential Coordinator</i>	<i>Adult Long-Term Housing</i>
<b>Lawrence</b>	<b>Outpatient Office</b> 1090 Old Florence Road P.O. Box 865 Lawrenceburg, TN 38464	931 762-6505 931 762-3690 – Fax	Regina Grayson <i>Office Manager</i>  Richard Walker, LCSW <i>Clinic Manager</i>	Monday – Friday 8:00 a.m. – 5:00 p.m.
<b>Lewis</b>	<b>Outpatient Office</b> 912 Summertown Highway P.O. Box 513 Hohenwald, TN 38462-0513	931 796-5916 931 796-1288 – Fax	Jennifer Blackwood <i>Office Manager</i>  David Highfield, MD <i>Clinic Manager</i>	Monday – Friday 8:00 a.m. – 5:00 p.m.
<b>Lincoln</b>	<b>Outpatient Office</b> 2241 Thornton Taylor Parkway Fayetteville, TN 37334	931 433-6456 931 433-8911 – Fax	Elaine Hice <i>Dir. of Customer Care</i> 931 684-0522  Heather Martin, LCSW <i>Clinic Manager</i>	Monday, Thursday, Friday 8:00 a.m. – 5:00 p.m. Tuesday, Wednesday 8:00 a.m. – 8:00 p.m.
<b>Madison</b>	49 Old Hickory Blvd. Jackson, TN 38305	731 215-1227 731 215-1287 – Fax	Cleo Griggs <i>Foster Care Coordinator</i> <i>Southwest Region</i>	<i>Administrative Office</i> <i>for Foster Care and Adoption</i> <i>Services</i>
<b>Marshall</b>	<b>Outpatient Office</b> 1601 Nashville Highway Lewisburg, TN 37091	931 359-5802 931 359-0148 – Fax	Lisa Kilpatrick <i>Office Manager</i>  Todd Fehrman, LPC- MHSP <i>Clinic Manager</i>	Monday – Friday 8:00 a.m. – 5:00 p.m.
	<i>Marshall Place</i> 1481 New Columbia Highway Lewisburg, TN 37091	931 359-0307	Gerald McCann <i>Housing Developer</i>	<i>Adult Independent Housing</i>



<b>Maury</b>	<b>Outpatient Office</b> 1222 Medical Center Drive Columbia, TN 38401	931 490-1500 931 490-1502 – Fax	Jenny Brooks <i>Office Manager</i>  Rudy Gregory, LPC <i>Clinic Manager</i>	Monday – Friday 8:00 a.m. – 5:00 p.m.
	<i>Centerstone Associates</i> 801 School Street Columbia, TN 38402-0598	931 490-1460 931 490-1462 – Fax	Crystal Gaddes <i>Office Manager</i>	Monday – Friday 8:00 a.m. – 5:00 p.m.
	<i>Centerstone's Career Resource Center</i> 321 W. 7 <sup>th</sup> Street Columbia, TN 38401	888 519-5190	Mary Moran <i>Director of Community-Based Services for Adults</i>	<i>By appointment – Call for more information</i>
	<i>ReConnect,</i> 6011-B Trotwood Avenue Columbia, TN 38401	<i>ReConnect</i> 931 560-3060 931 560-3062 – Fax	Kandy Frances <i>ReConnect</i>	<i>ReConnect</i> Monday – Friday 12:00 p.m. – 5:00 p.m.
	<i>Psychosocial Lifeskills Development and Employment Services</i> 6011 Trotwood Avenue Columbia, TN 38401	<i>Psychosocial Lifeskills Development and Employment Services</i> 931 560-3050 931 560-3052 – Fax	Kristy McCorkmack <i>Psychosocial Lifeskills Development</i>  Jessica Grissom <i>Employment Services</i>	<i>Psychosocial Lifeskills Development Class Times Vary – Call for Schedule</i>  <i>Employment Services by appointment – Call for more information</i>
	<i>Jackson Hall</i> 2122 Circle Drive Columbia, TN 38401	931 490-1480 931 490-1482 – Fax	Sandy Lamoureux <i>Coordinator</i>	<i>Adult Supported Housing</i>
	<i>Cedarwalk</i> 104 Pleasant St. Mt. Pleasant, TN 38474			<i>Adult Residential</i>
	<i>Child and Adolescent Intensive Services</i> 211B Wayne Street Columbia, TN 38401	931 560-3070 931 560-3072 – Fax	E. Ann Ingram <i>Project Director</i>	Monday – Friday 8:00 a.m. – 5:00 p.m.
	902 South High Street Columbia, TN 38401	931 490-6510 931 381-0945 – Fax	Linda Stavely <i>Office Manager</i>	<i>School-Based Offices</i> Monday – Friday 8:00 a.m. – 5:00 p.m.
	<i>Centerstone at Columbia Pediatric Clinic</i> 1222 Trotwood Avenue Suite 108 – Room 1 Columbia, TN 38401	931 381-8840	Stephane Holgate-Williams <i>Integration Coordinator</i>	<i>Administrative Office</i>
<b>Montgomery</b>	<b>Outpatient Office</b> <i>Harriett Cohn Center</i> 511 8 <sup>th</sup> Street Clarksville, TN 37040	931 920-7200 931 920-7202 – Fax	Pam Mitchell <i>Office Manager</i>  Stacey Coulter, LPE <i>Clinic Manager</i>	Monday, Thursday, Friday 8:00 a.m. – 5:00 p.m. Tuesday, Wednesday 8:00 a.m. – 6:00 p.m.
	1820 Memorial Circle Clarksville, TN 37043	931 920-7300 931 920-7302 – Fax		<i>Administrative Office</i> Monday – Friday 8:00 a.m. – 5:00 p.m.



	<i>Centennial Pediatrics</i> 800 Weatherly Drive Clarksville, TN 37043	<i>Centennial Pediatrics</i> 931 648-1912 931 648-1277 – Fax		<i>Services available to clients of the pediatric clinic only</i>  Monday – Friday 8:00 a.m. – 5:00 p.m. Saturday 8:00 a.m. – 12:00 p.m.
	<i>ReConnect, Psychosocial Lifeskills Development and Employment Services</i> 611 8 <sup>th</sup> Street Clarksville, TN 37040	<i>ReConnect</i> 931 905-0933 888 463-6708 931 906-0355 – Fax  <i>Psychosocial Lifeskills Development and Employment Services</i> 931 920-7210 931 920-7212 – Fax	Jo Mitchell <i>ReConnect</i>  Jennifer Whitehead <i>Psychosocial Lifeskills Development</i>	<i>ReConnect</i> Monday – Friday 12:00 p.m. – 5:00 p.m.  <i>Psychosocial Lifeskills Development Class Times Vary – Call for Schedule</i>  <i>Employment Services by appointment – Call for more information</i>
	<i>Pembrook House</i> 1319 Wennona Drive Clarksville, TN 37042	<i>Residential Independent Living</i>	Suzie Premo <i>Program Manager</i>	<i>Adult Independent Housing</i>
	<i>Regional Intervention Program</i> 404 Pageant Lane Clarksville, TN 37040	931 920-2347 931 553-8742 – Fax		<i>Hours Vary</i> <i>Call to make appointments</i>
	<i>The Lodge</i> 901 Martin Street Clarksville, TN 37040	931 503-4600 931 503-4620 – Fax	Cindy Long <i>Clinic Manager</i>	<i>Youth Group Home</i>
	<i>Oak Hill Residential</i> 118 Union Street Clarksville, TN 37040	931 647-8257 931 647-2978 – Fax	Ellen Porter <i>Coordinator</i>	<i>Adult Supported Housing</i>
	<i>Vivian House</i> 125 Vivian Drive Clarksville, TN 37040	931 920-7235 931 920-7202 – Fax	Suzie Premo <i>Housing Developer</i>	<i>Adult Independent Housing</i>
	<i>Weems Academy</i> 812 Greenwood Avenue Clarksville, TN 37040	931 920-7370 931 920-7372 – Fax	Malinda Mitchell <i>Office Manager</i>	<i>Staff Hours</i> Monday – Friday 7:00 a.m. – 3:30 p.m. <i>School Hours</i> Monday – Friday 7:30 a.m. – 3:30 p.m.
<b>Robertson</b>	<b>Outpatient Office</b> 713 Cheatham Street Springfield, TN 37172	615 463-6200 615 463-6202 – Fax	Darlene Halcomb <i>Office Manager</i>  Melissa Porter, PsyD <i>Clinic Manager</i>	Monday 8:00 a.m. – 5:30 p.m. Tuesday – Thursday 8:00 a.m. – 6:00 p.m. Friday 8:00 a.m. – 5:00 p.m.
<b>Sumner</b>	<b>Outpatient Office</b> 332 Sumner Hall Drive Gallatin, TN 37066	615 460-4500 615 460-4502 – Fax	Elizabeth Roberts <i>Office Manager</i>  Melissa Porter, PsyD <i>Clinic Manager</i>	Monday – Friday 8:00 a.m. – 5:00 p.m.
	<i>Biblical Concepts</i> 3523 Clarksville Pike Castalian Springs, TN 37031			<i>Adult Residential</i>



<b>Wayne</b>	<b>Outpatient Office</b> 418 South Main Street P.O. Box 752 Waynesboro, TN 38485	931 722-3644 931 722-7972 – Fax	Loretta Burgess <i>Office Manager</i>  Richard Walker, LCSW <i>Clinic Manager</i>	Monday – Friday 8:00 a.m. – 5:00 p.m.
<b>Wilson</b>	<i>Blairview</i> 1702 Cook Dr. Lebanon, TN 37087			<i>Adult Residential</i>
	<i>Carver Care Home</i> 250 Carver Lane Lebanon, TN 37087	615 460-4440 615 460-4432 – Fax	John Sanders <i>Program Manager</i>	<i>Adult Enhanced Supported Housing</i>
	<i>Hickory Hill</i> 3348 Horn Springs Rd. Lebanon, TN 37087			<i>Adult Residential</i>
	<i>Archer Care Home</i> 9230 Coles Ferry Pk. Lebanon, TN 37087			<i>Adult Residential</i>
	<i>Lakeview</i> 106 Carter Ln. Mt. Juliet, TN 37122			<i>Adult Residential</i>

*Services for residents of all Middle Tennessee counties are available by calling  
(615) 460-HELP (4357) or toll free at (888) 291-HELP (4357).*

