

Parenting *that works*

Changing Behavior
Changing Families
Changing Lives

Parenting That Works is a FREE program for young children – age 5 and under – and their families who are experiencing challenging behaviors, big & small, that happen at school, home, or in the community.



What Happens in Program?

- ✓ Children participate in classrooms with peers where they practice managing their own behaviors, following instructions, building social skills, and much more!
- ✓ Families learn positive parenting strategies, and through **intentional Parent Implementation**, families support one another, make connections, get hands-on practice using their new skills, and gain confidence in their parenting.



Eligibility

- ✓ A child age 5 and under at the time services are requested who is experiencing challenging behavior
- ✓ A parent or legal guardian willing to agree to services and participate in the program
- ✓ Reside in TN



931-490-1556



tn.gov/parenting-that-works



230 E James Campbell Blvd. #113 Columbia, TN

CENTERSTONE
Parents *helping* Parents *helping* Children



Department of
Mental Health &
Substance Abuse Services

